

PSYCHOLOGY & ENERGETIC HEALING

“Psychologic” Workshops given:

(see also Film and Theater/ Performance coaching)

2021: “Focusing” (by Eugene Gendlin) Intro WS at Loginsleben Institute, Guided meditations/ phantasy journeys for the Institute Loginsleben

2020-2021: ONLINE Meditative Practice for the institute Loginsleben (using “Focusing” by Eugene Gendlin and other stuff)

2019-2021: Improvisationtheater: using Forumtheater to find new solutions, Playback Theater to look with distance at your situation and past and expressing emotions, Resilience Exercises for the institute Loginsleben

2019: Meditative Practice for the Institute Loginsleben (using “Focusing” by Eugene Gendlin and other stuff)

2018/2019: Regular Workshops for intitute Loginsleben: Olivers Magic Box (Mix of exercises for self awareness), -Movement Training (Becoming yourself through movement) + My thoughts and I (working on belief systems, “The Work” of Byron Katie) www.thework.com

2018: Systemic constellation of “Me+Selflove” (Prayan Vienna), “The Work” of Byron Katie and “Moving into Freedom” (based on Yoga Individual from Hans Endmaya and Les Plastiques from Jerzy Grotowsky) for Institute Loginsleben

2017: Systemic object constellations (on the topic of “Selflove”), Prayan Vienna

2015: Scaling towards success: using the advanced scaling of psychodrama and constellations in order to make another step towards the success of your project.

Project Port (“Projekthafen”)of United Creations Vienna; “How to be mad”: Madness as ressource (Burning man Event Garden Vienna)

2014: Aktionsakademie (academy to take action) by Südwind & attac: Using constellations (object constellation and with participants) for actionism relevant topics (like organising TTIP demonstrations) and Improvisationtheater (how to deal with police at a demonstration)

2011: Facilitating Power animal journey (core shamanism) at the Rainbow gathering Austria; Constellation “Me + Money” in Kulturwandelwerkstatt Vienna

other:

- Guided meditations and phantasy journeys based on “Mind games” (Jean Houston & Robert Masters) since 1989

- “The magic gift” – ressource meditation with practical integration routine and timeline work (healing the past and preparing the future) developed 2010 in Colombia by Oliver Gross

- familiy constellations/ systemic structur constellations on different occasions (i.E. script constellations and theater constellations for Kino Dynamique)

Psychologic Formations

2019: Provocative change work (based on Provocative Therapy from Frank Farelly), WS with Nick Kemp (UK) 2019

2018-2022: deepening LIFE COACH (Lebens- und Sozialberater): Formation at Yoga Individuell www.yi-zenrum.at

2018-2020: Systemic constellations Formation with Siegfried Essen (The I and the Self) (www.siegfriedessen.com)

2018-2019: "Focusing" (by Eugene Gendlin/ Ann Weiser www.focusingressources.com) x3: Basis, Advanced and also Certification Course with Ruth SarShalom (ISR) www.focusing-vienna.com

2018: The wholeness process (Basic and Advanced WS with Connirae Andreas – www.andreasnlp.com), WS Feeding your demon by Lama Tsültrim Allione (USA) – www.taramandala.org - (tibetan buddhistic work with your attachements/ shadows with facilitator Mag. Gudrun Binder – AUT), "With and without money" WS based on the money work of Peter König with Sylvia Brenzel (AUT)

2015: Genius Impulses by Karl Gamper (AUT)

2014: Integrative constellationswork with Dipl. Ing. Bernd Isert, Introduction to "Feeding your demon" (tibetan buddhistic work with your attachements/ shadows with Christina / autodidactic.

2013-2016: LIFE COACH (Lebens- und Sozialberater): Formation at Yoga Individuell www.yi-zentrum.at

2012-2013: "Constellations as a form of learning" of Michael Thonhauser with various teachers including Matthias Varga van Kibed, Toni Wimmer, Reinhold Rabenstein, Bärbel Büchel-Ceron, Helga Gumplmaier, Christa Kolodej); Film script and theater constellations: Michael Thonhauser

2012: "Dragon dreaming" x3: Introduction, Intensive for professionals, Empowered fund raising with John Croft (AUS)

2011: NLP compact with Roman Braun; Basic-Seminar I "The new family constellations – The Mother" with Sophie Hellinger, WS "Happiness that comes" Bert Hellinger, Theater,- filmscript and fairytales constellations with Michael Thonhauser

2008-2009: Family constellations of Bert Hellinger including the newer "Movements of the soul" with Edith Grüner Institute ZIP, "The Work" of Byron Katie Training with Anyme

2008: WS family constellations with Bert and Sophie Hellinger

1994: NLP: (Neurolinguistic Programming) Basic WS NLP Zentrum,

1990: "Mind games" (Book from Jean Houston and Robert Masters) (autodidactic studies) – guided daydreams based on their former experiments on LSD and later hypnotic trance (inspired by the Hypnotherapy of Dr. Milton Erickson)

Autodidactic studies:

- NLP: Submodalities, Core Transformation, Realigning of the perceptual positions
- Participant Shamanic Constellations with Lisa Biritz approx 2015
- "The Journey" (of Brandon Bays)
- "Voice Dialogue" (Hal and Sid Stone)
- Inspired by "Theta Floating" (Esther Kochte)
- "Walking in your shoes" (similar to constellations but walking, by Christian Assel)
- Occupation with dreams, nightmares, problem solving, interpretation, lucid dreaming, changing & continuing dreams, demasking elements...

Energetic healing and other formations/ studies

2021: WS Clearing with Manfred Twrzniak (www.heilsamepraxis.at) for clearing of spaces and humans from other energies or entities, EAM "The Energy Alignment

Method" (by Yvette Taylor) (WS: Energy Express + Explore: How to change your life)
www.energyalignmentmethod.com

2020: WS Matrix Basic, WS Matrix Evolution, WS Aura surgery compact, WS Russian healing methods (all with Gerhard Schwach (AUT) (www.meinwegzurmitte.at))

2019: WS "How to walk in beauty" medicine man Navajo/ Diné culture Jo'Han Chant'ney Shamanism; Mesa with Shaman Gerardo Pizarro tradition pre-inka and translation of singular treatments (reading cards, taking off bad energy into a raw egg)

2017: WS Tantra/ Shamanism Introduction: John Hawken (GB), WS Soul retrieval with Andreas J. Hirsch (FSSÖ, AUT), WS Trancepostures (by Felicitas Goodman) with Susanne Jarausch

2016: Communication training in the personal totem pole process (by Prof. Dr. Eligio Stephen Gallegos USA aka deep imagination) with Raffaella Mayana Romieri

2015: Deep Imagination with Pro. Dr. Eligio Stephen Gallegos (USA): "Victim/ Perpetrator: inherited roles from our ancestors?"

2013-2015: "Creators game": WS by Angello Clemente 2013+2014 + ongoing group (meeting your emotions, feeling them, acting out, releasing)

2012: Totem Pole Process /Deep Imagination by Stephen Gallegos "Finding out of the fear into the humor"

2011: Dr. Divageet (personal Doctor from Osho) "Transomatic Starlight Color Dialogues" healing with colors

2008: Death and dying from shamanic pointview (Dr. phil. Sylvia Wohlfarter FSSÖ)

2005: Tensegrity (by Carlos Castaneda) course with a group in Paris

2003: Pranic Healing: Energetic healing (Basic+Advanced Level, Claudia Dieckmann, 2003), Shamanic extraction (by Michael Harner) with Michael Hasslinger (FSSÖ AUT)

2001: Shamanic Counselling (client oriented supervision) by Michael Harner with Paul Uccusic (FSSÖ, AUT)

1997: Shamanic: The art of dreaming by MTK Enrico Kosmos (AUT)

1995: Core shamanism (by Michael Harner) Basic WS "The shamanic Journey" with Paul Uccusic (FSSÖ AUT), Shamanic Performance WS with Tensegrity of Carlos Castaneda with ? From Mexico

1991: Tarot oracle cards (Autodidactic)

Autodidactic Training:

- "Matrix Energetics" by Dr. Richard Bartlett (a 2 point method)
- Sound massage: The healing power of sound and songs
- "The Journey" (of Brandon Bays)
- "Voice Dialogue" (Hal and Sid Stone)
- Inspired by "Die geheimen Bewohner der Seele" (The secret inhabitants of the soul) Veeta Wittemann www.individualsystemics.com
- "Walking in your shoes" (by Christian Assel) (similar to constellations but in movement)
- Occupation with dreams, nightmares, problem solving, interpretation, lucid dreaming
- "Spirit releasement therapy" (by William J. Baldwin), "The Unquiet Dead: A Psychologist Treats Spirit Possession - Detecting and Removing Earthbound Spirits" (by Dr. Edith Fiore)