

Curriculum Vitae

Oliver A. Gross aka
OLIVER ANGEL



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Version 2024-10-24

Birth:	28.12.1971 in Mödling, AUT
Nationality:	Austria
Languages:	German (mother tongue), English (fluent), French (intermediate), Spanish (intermediate)

Age: 52, 1.81 cm tall, weight: 72 kg,

Eyes: grey-blue, hair: long dark blonde,

Confection: 48 (Europe), shoes: 43, head: 59 cm, glasses / contact lenses

General Overview:

1971	Born in Mödling (Austria)
1981-1989	Gymnasium with Matura (BG Biondegasse and Aufbaugymnasium Don Bosco Unterwaltersdorf)
1990-1991	1. year of Acting school Kraus, Vienna
1991-1993	University: 1 year each: Study of Theater Science/ Psychology; Pantomime
1994-1995	Military Service Austria
1995-2003	Employee in Trading Agency Norbert Gross
1997	Since 1997 acting in semiprofessional groups
1999	Start of improvisation theater training and shows (Impro-X, guestplayer urtheater, guestplayer/ moderation Scheiterhaufen...)
2000-2003	Professional Kasperltheater (children puppet theater like Punch and Judy)
2002-2003	Cameraman for Faro Productions
2003-2004	Actor in various plays (main parts) Titus Feuerfuchs in Talisman (Theaterring, Theaterproductions for schools), Frank in "Lauter Stars" D: Marion Dimali, Kulisse Vienna, Messenger and Guardian (=narrator) in Antigone from Sophokles, D: Isabella Feimer) (all AUT)
2004-2006	Acting school "Ecole Philippe Gaulier", Paris
2007	1 year in Egypt, teaching improvisation in Alexandria (at the Iskandrama Festival), programming web pages
2008-2009	Formation in "Family constellations" at ZIP Institute

2009	Acting and Teaching, Improvisation theater solo "Surprise! Surprise!"
2010	1 year in Colombia, puppet player in colombian tv (kids show "El perico")
2011	Improvisation theater solo including half improvised format "Happy Depressions", facilitating family constellations, The Work of Byron Katie, formation in systemic structure constellations 2011-13),
2012	Theater workshops for kids, facilitating systemic constellations
2013	Actor for Theater im Bunker s, Austria;
2013-2016	Formation for "Life Coach" (Lebens- und Sozialberater) at www.yi-zentrum.at
2014	Actor for Theater im Bunker, Austria; character presentation of Mad Circus Varieté Graz (AUT), improvisation theater WS/ animation for Stadt Wien (MaHü pedestrian zone)
2015	"Impro mit Deutsch" (Learning German through theater games), Amerlinghaus Vienna
2018-2022	Deepening/ Repeating of formation for "Coach" (Lebens- und Sozialberater) at www.yi-zentrum.at (2018-2022); Formation Focusing (Eugene Gendlin with Ruth SarShalom) (2018-2019)
2019-2020	Formation in Energetic Treatment with Gerhard Schwach, Official start for professional "Energetical treatments"
2021	Start EAM (Energy Alignment method, Clearing WS by Manfred Twrznik, start with Energetic Treatments as a profession)
2022	Renovation of 2 family flats
2022-24	Care taking for parents, Matrix Advanced WS with Manfred Twrznik, Certification cours "Feeding your demons" (tibetan buddhism shadow transformation work) part 1.

PERFORMANCES / PRESENTATION / FILM ACTING

Theatrical Performances: *(excl. improvisation Theater)*

2024: "Gefährliche Gedanken" von Benedikt Wallner, Regie: Jacky Surowitz, Rolle: Ludwig Feuerbach (Philosoph); Kartrin Butt Impro Comedy Revue – Regie + Buch: Katrin Butt, diverse Rollen; theatrical reading of "Die Dunkelheit wächst oder Lagerfelds verbotene Jogginghose" by Mario Schober all roles together with Jacky Surowitz

2023: "Stücke aus dem halben Leben", classic theater with the group "Theaternebel", Vienna

2022: "Die Reise der Verdammten" (The journey of the damned), based on a true story of 1938 Aaron Pozner, Mr. Clasing for the amateur theatergroup "Theaternebel";

2020: Organiser and player: Scenes about agriculture and consumism (Group Resilient Revolt for NGO Global 2000 Event "Visions for Transition" online Conference and Workshops (Forum Theater).

2019: Forum Theater about climate justice and crisis (Group Resilient Revolt for NGO Global 2000)

2018: Performer in "Swimming Pool" by Oleg Soulimenko; "Klinikon"/ "Fix_dich" (fix you) from Leni Plöchl (stationary theater at Künstlerhaus Wien and klangfestival.at at castle Riedegg)

2017: Numbers for "Soiree Electrique", a crazy dadaistic clownesque Show, Vienna

2016: Staged reading: of my 2005 written Buffon-Musical-Something "The miracle of Edu" based on a true story, at the tam*tam open stage.

2015: "Ein Traum ein Leben" (a dream a life) from Franz Grillparzer, Zanga, Wiener Lesetheater (staged reading);

2014: "Inferno" stories around hell in various cultures, Director: Max Bruno (Theater zum Fürchten/ Theater im Bunker), Horseheaded guard of tibetan hell :-)

2013: "Peer lügt" (Peer lies) based on Hendrik Ibsens "Peer Gynt", Director: Max Bruno (Theater zum Fürchten/ Theater im Bunker),

2011: Happy Depressions (partly improvised format with puppets, fruits and objects or without), The patient Journey (short theater piece about Depressions for Pharma Company Formation).

2010: Actor in a Job Coaching with theater-Performance (Capacitacion) (COL),

2009: „Beyond Therapy" a boulevard comedy by Christopher Durang, Stuart the Therapist – D: Thomas Smolej; WS-Performance (collective theater-Carlos Zatzibal)

2008: "The drama of movement" by MAPA (NL) with WS-Performance at the Plug&Play Festival, Vienna (AUT), FAUST unlimited (God, Wagner, drunk) D: Barbara Crobath

2004: One of the main actors in "Lauter Stars" (family entertainment), Kulisse, D: Marion Dimali

2003: Benedict and Borrachio in "Much Ado about nothing" – Street theater version – Shakespeare, D: George Isherwood (Holland), messenger /guard in "Antigone" (Sophokles) D: Isabella Feimer, Titus Feurfuchs in the "Talisman" (J. Nestroy) D: Adi Strassmair – Theatre for schools, Street Theater – Lust in "The 7 mortal sins – Part 2" D: Michael Schuberth

2002: „Agent Phil Lust" in street theater performance "The 7 mortal sins" (D: Michael Schuberth),

2001: Shakespeare in "Othello"-in the madhouse Version – Shakespeare, a Nietzsche in "Nietzsche Nackt" – both Kultur Theater Wozek, D: Karl Wozek

1998: Mrschitzka in "Here and There" (Hin und her)– J. Nestroy, D: Michael

1997: Fox in "Der Zeitgeist" – Theater for kids D: Gabi Satke, "Die Rastlosen", Jesus in "Trouble in the house of god" (Krach im Hause Gott)– Felix Mitterer, D: Susanne Killian

1985-87: First experiences in gymnasium: Demetrius in "A Mid-Summer-Nights-Dream" – Shakespeare, Freddy in "My Fair Lady", Singer of moritat and gangster Matthias in "3 Penny Opera" - Bert Brecht (all Stadttheater Baden)

Improvised Performances:

2023: Co-directing with Axel a (Mini) Maestro (TM) with 10 participants (an improv theater competition format from Keith Johnstone for IICV, Vienna)

2022: Creation of the Transformusical: Solo, based on a real belief of s.o. of the audience, an short Musical is improvised with depiction of a detailed stage setting

2020: 2 Workshop performances in WuK Vienna (AUT) physical theater Impro Surreal (online and live)

2019: "Watching" physical theater improvisation with Oliver Klebert at RAW MATTERS and Improfestival Währing (kunstbetrieb.co), Vienna

2017/18: 3x Open stage of "Rien" (formerly Cafe Griensteindl, Vienna)

2017: Ensemble player in "master of the pots" 1. Viennese Improvisation theater festival (www.improfestival.at), a few times guestplayer in "Abgefahren"-ein Bundesbahnblues von Improvista Socialclub (Scenes in a train), Klebert & Angel in the "NOW!" Action theater festival of Berlin (Germany) in "Us today" (www.actiontheaterberlin.com), "Game over" improvised solo about inventing the ideal computer game at tam*tam open stage, "Game over" at Stuthe Quickies open stage, "Nightmare show" at Bedtime stories for Adults in Bratislava (Slovakia), Standup about "Forgetting" at "True Stories – Vienna", Guestplayer in Klebert's "The other side"-series #11 "Responsability and guilt"

2016: Guestplaer at European theater night for Funnylicious (www.funnylicious.eu) at the Dom kultúry Lúky in Bratislava (Slovakia), "Nightmare show" at Bedtime stories for Adults in Bratislava (Slovakia)

2015: Improvised physical comedy ("Creation of the Gargoyle") + meditative chanting and moving test, both at Quickie Night of StuThe Vienna (Austria)

2014: "Personal Comedy" at Mind burner Austria

2012: object theater "If I had a wish free..."

2011: Happy Depressions – (performance lecture) with Puppets/ fruits and objects, "The truth beyond headlines"-show.

2010: Colombia: Theatric story telling improvisation in Spanish! At the storyteller place in Bogota el Chorro, (i.e. "Adam and Eve") and for the artistic collective "puerto capitulo" and little presentation of improvisation theater of my workshop, moderation with a funny freaked out personality of the varieté in Casa Colombia (Bogota), Puppet theater about vegeterianism for kids (Hare Krishna House).

2009: I improvise a „Who's done it" crime story at the Volxlesung, Premiere of my Solo-Improvisation-Show „Surprise! Surprise!" (4 shows so far + imagined authors reading at Thalia- bookstore Vienna)

2008: Improvised story telling for adults (2 x Volxlesung & tales for kids at nature camp)

2004: Player in 2 improv groups („Waschen, legen, fönen" Improv after Business Presentations and „Viennese Melange"- Theatersports-match); founded "Tintenfisch & Vogelflug" Improv Group

2003: Winner of „Micetro"-title at competition from urtheater, 2nd at the national Theater Sports championship (with Impromotion) (AUT), Presentation of "Don Genaro" –improvised songs

2000: Improv (training, playing and moderating at impro-x, guest player and presentator for „Scheiterhaufen",

1999: Improv (impro-x, participant of urtheaters Monsterharold and Maestro)

Mask- and Puppettheater performances:

2014: Walking Act with puppet for opening of MaHü pedestrian zone, Vienna (AUT)

2013: Walking Act with Puppet and bird marionette, bus company Graz (AUT)

2012: Puppetplay and bird marionette entertainment for bus company in Graz, object theater performance of "If you had a wish for free..." at Mimamusch festival Graz (AUT)

2011: "Breakfast table -Stories" at Dreizurdritten puppet festival for adults (AUT), improvised stories with objects of a breakfast table; "Happy Depressions" and Newspaper theater with puppets, fruits and objects from the audience at Mimamusch festival Vienna (AUT)

2010: El Guru: variete in casa Locombia, Bogota (COL) answers any questions between life and death.
Variete "Delirius Ludicus" + "Cabaret Circo", puppet player in "El show de Perico" TV señal colombia, coaching the lovely "Monerias" puppet theater of Proyecto Primate Titeris, Coaching "Sami y el invento del mal" a series of Puppet and Shadow-Theater performances (part 3-5),

2009: Building my first own puppets and working on masks! . First introductions of my puppets in my Solo Impro Show, Walking Act test with masks, Kasperltheater. Presentation of „Variete melange" Performance Variete with my puppet and preview of „Beyond Therapy" – my puppet and me playing the roles.

2008: Puppet Theater (Kasperl),

2006: Small performances during mask presentation, small but nice extra Buffon WS (Paris, F)

2000-02: Professional Puppet theater "Kasperltheater" (classic handpuppets for children similar to "Punch and Judy") with the "Die Schöpferwerk-Micheln"

Presentation

- 2019:** feminist riotfestival.at & Junges Volkstheater Wien: Brigitte Knows – Market Place of abilities (Vienna)
- 2018:** Margareten Mon Amour in the festival "#Wien5 – Die Kunst der Nachbarschaft" (Vienna, Leni Plöchl, Junges Volkstheater Wien)
- 2017:** Presentation of Opening feast of T-base Vienna (www.t-base.org)
- 2016:** Presentation of Varieté with open stage part "La meczla"
Presentation of "Theatric Simulation of Changemakers" TransitionBase Vienna
- 2015:** Co-Master of Ceremony MC for Danceability "Jattle Bam" (AUT)
- 2014:** Presenting as 3 different brothers the "Mad Circus Varieté" in Graz (AUT)
- 2010:** Presenting as dangerous psychotic character Varieté in Colombia (Casa Locombia)
- 2009:** Presenting "Varieté Melange" with mouth puppet (muppet)
- 2000:** Presenting improvised shows of "Impro-X"
and as a guest presenter of "Scheiterhaufen"

Walking Acts

- 2014:** Puppet animation for opening of pedestrian zone Mariahilfer Straße (Vienna)
- 2013:** Puppetplay and bird marionette entertainment in bus for a bus company in Graz
- 2012:** Puppetplay and bird marionette entertainment in bus for a bus company in Graz

Film acting

KK: Kino Kabaret/ Kino dynamique: short film festival where films are produced and screened within 36-72 hours

- 2024:** Pestknecht in "Sagen aus Österreich" für den ORF (jewel lab productions);
- 2023:** small speaking role in "The peacock" Austrian feature film, consoling the main character
- 2019:** Quicky (1 minute films): "The choice" (idea and acting)
- 2017:** shortfilms: splatter lab vienna: "Zombie bar" (bar tender) (www.kino5.net), Kino dynamique Vienna (www.kino5.net) "It's yoga time!" (yoga teacher who goes mad), main character Ping pong Champ in "The Champ" Idea & D: Sam
- 2015:** shortfilms: (KK Kino Datsche Leipzig (GER): "The sandwich that talks" (Jesus Superstore), KK Kino Contra Graz: "Carpe Diem" main actor (D: Mo Harawe), "Love forever" music clip (Actor/ Singing), "Earth" (Erde): Singing, KK Kinophilia Linz: "A picture of good health", D: Maria Czernohorszky, Last Supper (Actor) D: Maria Czernohorszky, ??? shipfilm D: Clemens Niel+ Shirin Hooshmandi, "Fokus Stadt" fake TV discussion participant (Florian Eibel + Clemens Niel), snip: D: Richard Griletz; "Weiter" D: Mo Harawe, psychotherapist; "653 Egat" D: Mo Harawe, TV watcher; "Teaparty" Cruel host, D: Maksim Mau KK Kinodatsche Leipzig (GER)
- 2014:** shortfilm (KK Kino Contra Graz: "Your peace" (Dein Frieden) (D: Dieter Leitner and codirecting/light/co-camera), "Children games" (Kinderspiel) main actor D: Valentin Badura,
- 2010: Colombia:** main actor in "the shadow of forgetting" (La sombra del olvido" D: Ivan Giraldo and small role as a mad house Jesus in the feature film of "The Owner" in the colombian episode (COL D: Yango González) (www.collabfeature.com), puppeteer in "El show de perico" Talkshow for children im Muppets style for Señal Colombia
- 2002:** Role in videoproject "Das Fest im Abendgrauen" (D: Raimund Liebert)

Dance & Performance

2015: Performance Butoh at SPALT! For the Viertelfestival NÖ, Danceability Jattle Bam Linz in the Swaying Festival about Inclusion

2013-19: Various Danceability Shows with www.danceability.at (Vera Rebl) in ADAM, B-Dancers group and Spuck + 2014 Streetlife Festival Vienna

2008: Creating and performing „F.CK U!“ on the street with 2 dancers (Kathi Jurkat, Anna-Katherine)

Singing

2015: Improvised chanting at the Stuthe Quicky Night (AUT), Danceability Jattle Bam Vienna and Jam Linz (of the "Swaying" Event Tabakfabrik) (AUT)

2003: Don Genaro – a theatrical Singing Improvisation (Don Genaro looks back on his wild singing career), Graz (AUT)

2001: Participant of Madaido (a singing improvisation event), (AUT)

2000-2020: Improvised songs during various shows of improvised theater and physical theater performances.

COACHING & TEACHING ARTS

Coaching/ Teaching Theater / Performance / Improvisation

2024: Specifically designed WS for Improv theater groups Kreativität Graz including a bit of coaching for acting and team building, starting of the Improv Group "Namenlos" in Vienna including a bit of coaching.

2023: Starting to teach in English Improv Theater for IICV (International Improvisation Community Vienna), continue to teach at Flex Impro; Improvisation theater WS for the amateur Theatergroup "Theaternebel" (classic theater): How to use Improv games for classic theater training, and again Improv training for the social institute loginsleben until summer.

2022-24: Starting again to teach Improv Theater after Corona at the Flex Impro from Stuthe, Small Improv Classes at the API Anton Proksch Institute for people with addiction issues (2024 only movement classes).

2021-2023: Online course for Improv for www.loginsleben.at Institute including long forms;

2021: support for Project concepts for Carmen Kalata for the Lugner Statue Vienna Project and Kunstraum NÖ 2021, Improvisation Theater with coaching elements for Teach for Austria (WS for Teacher) and Puppet Play for Teachers for Austria (WS for Kindergarten Assistants)

2020: ONLINE Teaching impro at "Flex Impro" open Improvisation Theater training including material from physical theater, forum theater, play back theater; Online course for Improv for www.loginsleben.at Institute, festival climat camp Vienna Theater of the oppressed: Creative Change Theater teacher, successfully mentoring performances and projects with Carmen Kalata for her application to Bildende Künste Performance class Vienna.

2019: final artistic support for Helena Eribenne "Woman 2 woman II" award winning performance H13 Kunstraum Niederösterreich Price, course for Improv for www.loginsleben.at Institute

2018/2019: Teaching impro at "Flex Impro" open Improvisation Theater training including material from physical theater, forum theater, play back theater

2017: Teaching several open trainings for "Flex Impro" von www.stuthe.com (Students Theater), coaching "The source" with Bella Kunz and Olivio at Improper Walls gallery, Power

animal journey (core shamanism) at "Perform, Baby, Perform" (Performers meeting with WS)

2016: Introductory WS "Physical comedy" in the frame of Burning Ball Vienna (connected to Burning Man) including scaling of heavyness and lightness/easyness; Theater LAB (laboratory) weekly class (object theater, mask, clown, scenic work, ...)

2015: Introductory Workshops: "Physical comedy" in the frame of TDKK (Tage der künstlerischen Kommunikation", a festival of www.Stuthe.com (Studierenden Theater – Students theater), F23 in Vienna; "Clown" with Paula in the "Monastery of Dreams", Spain; "Physical comedy" in Helmut Schusters www.improvista.at improvisation theater training.

2014: Aktionsakademie (academy to take action) by Südwind & attac: Using Improvisationstheater for activism and finding new solutions (encounters with police)

2013: Experimental Clown WS weekend including befriending the inner voice (negative talking) and receiving a magic gift from the inner idiot (Berlin); some constellations and coaching for the photo-comic "Himmelblau.nachtblau" (www.facebook.com/himmelblau.nachtblau)

2012: theater for kids: school project with socializing background (9-10y.o.), theater for fun WS in holiday camp "Feriencamp.at", Improvisation class April-June with special focus on healing, coaching performance "Die Wundermaschine" (the miracle machine) for Mimamusch Festival, preparation for acting school entrance contests

2011: Imagination and Clown, Resource Visualisation: "The magic gift" (WUK), Improvisation theater WS for Kulturwandel Werkstatt;

2010: Colombia: The magic potion (Michael Ende) (I partly coached for teatro de sueños), little clownworkshops (National University Bogota (Cicle) – like USI Vienna, & for a mime-clown group ("El teatro de los sueños"), My first time teaching masks (in a house "casa locombia" with many street artists) – a fantastic experience! (COL), improvisation theater workshop for the artistic collective "puerto capitulo", coaching the lovely "Monerias" puppet theater of Proyecto Primate Titeris, Coaching "Sami y el invento del mal" a series of Puppet and Shadow-Theater (part 3-5), Workshop and coaching circus theater group valathar with their piece "Entelekya", based on the book "El hombre del acordeon". Ressource Visualisation "The magic gift" for circus theater group "Teatro taller de Colombia";

2009: I codirect with Christian Heuegger "Irgendwie Anders" puppet theater for children

2008: I revise the finish of "Die Sarah die zum Zirkus ging", a children theater piece including Puppets (www.kinderevents.at) and a piece of and with children 6-12 y.o. (during roots nature camp 4 kids) and a fire show for Murenschalk Streettheaterfestival (Bruck a. d. Mur, AUT) I give small Improv Theater Workshops in Germany and Austria (for Agora, the university on the street and others)

2007: I give Improvisation Theater WS for Iskandrama Festival (Alexandria, **Egypt**) with great Egyptian colleague Abdalla Daif

2004: I train and direct a Clown Show for Streettheaterfestival Villach, AUT (based on improvised material) -Group "Narrenfrei"

2003: Theaterlaboratory course

2002: Improvisation Theater WS for International Students Exchange Programm Festival

2000: For a few months I revise the shows, moderate, lead the public trainings and coach the group Impro-X (Improvisation Theater)

Dance & Performance

2017/18: Trainer at "so-wie-so" (Danceability with kids)

2016-19: Some Trainings given for the performance group for Jattle Bam +Poetry (Danceability Vienna, AUT) group "A.D.A.M." and "Shpuck" and rebuilding and coaching "B-Dancers" group.

2008: Creating and performing „F.CK U!“ on the street with 2 dancers (Kathi Jurkat, Anna-Katherine)

Film-coaching

2015: Resource WS "The magic gift" for KK Kinophilia Linz and KK Kino Contra Graz 3/ 2015; Kino Contra Graz 9/2015; Script constellations for the shortfilms "Carpe Diem" D: Mo Harawe, "Here not there" D: Sophia Sawall (Leipzig), "Leipzig, I love you" D: Tobias Emmert; Kinocuntra Graz: Film of Maria (not yet published);

2012: Script constellation and funding constellations for "Lena, Lisa und das chaplinkomunistische Nomadentum – a Roadmovie".

2011: Resources Visualization "The magic gift" for the participants of the Kino dynamique short films filming festival of kino5, coaching of a dancing film at kino5

2010: Colombia: Resource exercise (the magic gift) for the columbian film team of "The owner" (www.collabfeature.com/theowner)

2009: again WS for filmmodul at school (age: 15-18) + coaching a short movie ("Zeitsprung" from Andreas Reisenbauer, presented at Viennale Genf),

2008: preparation WS for film module in school (kids 12-16 y. o.),

1996: Coaching film project week in school (30 min feature film) with kids 14 y. o. within 1 week

Singing

2018: *Sound massage/ healing: Mini WS/ Performance for Loginsleben*

2017: *Sound massage/healing: performance and giving an introductory WS at the Borderland Festival (Denmark)*

BEHIND THE CAMERA: Filming and photographing

Filming

DoP=Director of Photography (camera & Light)

KK=Kino Kabaret (Kino cabaret/ Kino dynamique): short film festivals around the world where people generate complete short films within 36-72 hours

2019: KK Vienna: DoP2 of "Acid Assad", Director, Script and Cut: Faté Bliss (made it to some festivals)

2017: KK Vienna: Dop, Co-Director, cut: "Harmony on holiday" D: Simon Koolwijk;

2015: KK Kino Datsche Leipzig: Meaning of Life (Sinn des Lebens) (Director/ Camera/ Edit/ Singing); "Quicky" (Camera + Edit), "Yes" (all), "Sleepless in Leipzig": D:Markus Braun, DoP + CoEdit, "Teaparty" +Main Actor, D: Maksim Mau; KK Kinophilia Linz: Animation for "Making of" of the Festival; DoP: "This art has no worth" (Diese Kunst ist nichts wert), D: Verena Gross; DoP "Further" (Weiter) D: Mo Harawe;

2014: KK Kino Contra Graz: "Your peace" (Dein Frieden) (D: Dieter Leitner and codirecting/ light/ co-camera)

2012: KK Kino5 Wien: "Ohne Scheiß" Interviews (not published due to withdrawn interviews)

2011: idea and filming of "A thousand faces" short movie in the festival.

Year? "WTF", D: Dave Lojek, part of camera, "The youngling" (Der Jüngling) D: Dave Lojek, DoP

- 2009:** KK Kino5: (60 h): I shoot a little film "unmade" (semidocumentarial) and camera 2 for Daves film "WTF - What the fuck?",
- 2002:** camera for FARO broadbandproductions (corporate videos)
- 1998:** directing a small trash film about extra-terrestrials: presented at "flex" disco video screen
- 1996:** Coaching film project week in school & camera & cut (30 min feature film) with kids 14 y. o. within 1 week
- 1993:** Mocumentary about my hometown Baden, short improvised trashy/ experimental videos

Video documentations:

- 2019:** Performance documentation of "woman to woman II" from and with Helena Eribenne, which won the performance price of Kunstraum Niederösterreich H13
- 2017:** Performance documentation: "The source" with Bella Kunz at Improper Walls gallery
- 2008:** filming documentation "roots camp" nature camp for children, "Making of"-camera for the shortfilm („Business as usual" by Kawo Rehland)
- 2007: Egypt:** *private filming and photographing my visit to Egypt (might result in Multimedia-Show)*
- 2003:** *Documentation of Improvisation theater festival "Im Moment 03"; Theater piece documentation „Erzählung der ganzen Geschichte" D: Gernot Plass, dasTAG.at*
- 2002:** *Theater documentation: "Unter der Gürtellinie" D: Gernot Plass dasTAG.at*
- 2001:** Documentation of Improvisation theater festival "Im Moment"
Opera documentation "Die Fee Urgele" for the International Ignaz J. Pleyel-Society

Photography

- 2023:** Performance photos for Danceability "Jattle Bam"
- 2022:** Performance/ Event photos for Danceability x-mas Event, Performance Photos for Kunstmichmal open air performances (circus, comedy, magic..)
- 2021:** Promotional pictures of live workshops Danceability.at and maddance.at, printed in Kurier Newspaper; Start as a professional photographer. Now you can pay me with money! :-D
- 2020:** Kunstgebung Vienna (performance stations in nature)
- 2019:** Varieté in EKH (VarieteKH), Butoh (The last dance: D: Will Lopes) at Lalish theater, Documentation Forumtheater Workshop from Resilient Revolt & Global 2000
- 2018:** Upgrading to Canon EOS 5D mk III, Photo-box at Sokool fashion show, Vienna
- 2017:** using a full frame CANON EOS 5D, with my preferred 100mm Macro/ Portrait Tele
- 2017:** Photographing "The source" with Bella Kunz at Improper Walls gallery
- 2013-2019:** Photographing danceability trainings and performances (Jattle bams)
- 2008:** Documenting the children "Roots Camp" in St. Andrea
- 2003:** Madaido: "Marriage at Gunkelstein" (a life role game improvisation)
- 2003:** Theater photography for PR posters: dasTag, Theater: "Frauenscherzen" Cover, Theater "Der Widerspenstigen Zähmung", Performance: Madaido: Singing for goddess Convincia, Cover: "The disney killer" D: Isa Feimer
- 2002:** Theater: (K)einer flog über's Kuckucksnest kultur.theater.wozek; improvised theater: "Zip Zap Zoom" of the "English for English Lovers"
- 2001:** Theater: Nestroys Baldachin, kultur.theater.wozek
- 1998:** Exhibition at "Arts Beisl" Baden near Vienna

FORMATIONS:

Theater formation:

2022: Keith Faryuhar: Meisner Technique

2018: Keith Hennessy (US/ CA): Provocation & Care (Impulstanz Vienna)

2017: Shamanic Clowning with Nicolás Cambas (Argentina)

2015: Berlin, Dom Juan Lab/ WS with Judith von Radetzky + ? (France);

2012: "The Memory of the Body and the Song of Absence" with Anna Dora Dorno, Nicola Pianzola (www.instabilivaganti.com, ITA), "Rebel Artist": from group "La pocha nostra" (US, MEX),

2011: Action and presence II by Ayad Akhtar (USA), Theaterpiece development with Nehle Dick (AUT), "Look, See, an Move" course by Norman Taylor Modules 1 "The art of movement" and 2 "Playing and acting"

2010: "El trabajo físico y su proceso interior" inspired by their time with Grotowsky, James Slowiak and Jairo Cuesto (New world performance Laboratory) (USA, COL)

(<http://nwplab.tripod.com/>)

"La adaptación y puesta en escena de obras clásicas" (Interpreting Classics) by the Lucidity Suitcase (CAN), object theater and comics by Cuttlas, (ES)

2009: „Finding comedy" by Tom Greder (kind of clown-WS) (CH), Introduction to Japanese NO-Theater, Biomechanics of Meyerhold - Rainer Dobernig (D), Collective Creation - Community Theater - Carlos Zatzibabal (Columbia), Experimental Theater Cathrin Coray (USA, NY)

2008: Action and Presence by Ayad Akhtar (USA) Les plastiques)

2007: "The drama of movement" by MAPA (NL, CR, CZ)

2004-2005: International Acting School Philippe Gaulier (Paris, F) (including: The joy of playing, neutral mask, mask play, Greek tragedy, bouffon, clown, characters, writing and directing, Shakespeare & Chechov, Melodrama, Feydeau=Comedy)

2004: Experimental Theater (Catherine Coray, USA), The neutral body (Christian Suchy - AUT)

2003: Street theater/ comedy (Georg Isherwood - USA)

2001: Action theater (Sten Rudstrom - Denmark), Pantomime (Anke Gerber - Germany)

2000: WS: basic and advances: comedy (Karl Wozek - AUT)

1998: Training (Dorit Ehlers - Germany), performance WS (Pablo Burszyn - Argentine)

1997: Training Danae Schmidt

1994: WS by Nicolas Nunez - (MEX) (Anthropological Theater)

1991: pantomime by Tilman Schleicher

1989: 1. year of private acting school Krauss, Vienna

Mask- and Puppettheater formation:

2023: WS Physical theater and Masks (with Andreas Simma and Adriana Sales)

2019: WS Neville Tranter (NL) Intensive Mouthpuppet (The power of the puppet)

2016: WS Neville Tranter (NL) Mouthpuppet

2014: Walking Act with puppet for opening of MaHü pedestrian zone, Karin Schäfer: Introductory WS + Speed puppeteers + Puppetpeople filmstudio

2010: WS: Object Theater and comics by Productions Essentials "Cuttlas" (Spain)

(www.cuttlasteatro.com) , WS Puppettheater for TV (Titeris en la Tele) by LaTribu y Corp. Cult. Materile (COL) (www.lajuti.com), building of marionettes and how to play with them Ciro Gómez (Hilos mágicos)

2009: „Creative fairy tales play" with puppet theater and Pedagogy: Introduction - Margrit

Gysin (CH).

2008: WS: Puppet Play (Neville Tranter, NL), WS: puppet-building "Character-heads" by Antonia Petz

2006: Small performances during mask presentation, small but nice extra Buffon WS (Paris, F)

2004-05: Neutral Mask and Mask Play within Acting school „Ecole Philippe Gaulier“, Paris, F)

2002: WS: comedia dell' arte masks & Meyerhold (Georg Schubert – AUT)

2000: Puppet theater "Kasperltheater" (classic handpuppets for children similar to "Punch and Judy") introduction by Herta Kindler

Improvisation theater formation:

2024: Stacey Hallal (USA): Mini WS: True scenes + stand up/ writing

2023: Jacob Banigan: Ignore me & Impro Stories: Structural Integrity

2022: Inbal Lori: Extreme Characters

2020-21: Myriads of different international Mini WS ONLINE at www.improfestonline.de, Surreal ImproLab Intensive

2019: Mini WS: Playing politics by Inbal Lori (ISR)

2018: Mini WS: Gender and Genre by Patti Stiles (CAN)

2018/2019: Personal cotrainings with Oliver Klebert and Oleg Soulimenko

2017+2018: loads of short WS during NOW! international physical theater Festival in Berlin

2016-20: Physical theater laboratory: by Oliver Schrader aka Klebert (AUT)

2016: Physical comedy – Andrew Morrish (AUS), Sound Improv – Domeka Parker (USA)
www.soundimprov.com

2015: "Ta(I)king off your head" (Action theater) - Sten Rudstrom (Denmark);

Inbal Lorri (ISR) Improvisation Theater – about using private material;

2014-17: Improvista Social Club open training - Helmut Schuster (AUT)

2012+13: Forum theater: Joker WS, BLAGG WS (Forum theater in jails mixed with cognitive science) by Ronald Matthijssen

2011: Physical theater solo: Andrew Morrish (AUS), Forumtheater "Policeman in the head and Rainbow of wishes" Michael Thonhauser (AUT)

2009: Improv - Lee White & Steve Sim (Crumbs - CAN)

2008: Forum Theater (Michael Thonhauser - AUT), Solo- Improvisation-Performance - Martin Schlicht (D), "Improvise and improvise even better" - Jacob Banigan (CAN), Improv - Dennis Cahill, Shawn Kinley und Derek Flores (Loose moose - CAN)

2005: Mick Napier (Second City – USA)

2003: Michaela Obertschaider (AUT)

2002: Helmut Schuster (AUT), Georg Schubert (AUT), Long forms: Jim Libby (English for English Lovers, USA), Jeff Hogan (USA),

2001: Forum Theater & Fairy tales (Michael Wrentschur & Margarethe Wenzel – AUT), longforms Randy Dixon (Unexpected productions – CAN)

2000: Keith Johnstone (CAN)

1999: Training at Impro-X and u.r.theater

1998: basic WS (Second City, USA)

Dance & Performance

2022: Derwish in Progress Ziya Azazi (TR/AUT) – round and round and round you go

2019: WS Backspace: (Ci & Somatic Experiencing) by Ursula 8000 Fink (AUT)

2015-19: Butoh Training (by Mag. Eva Maria Klauser Herrmann, AUT)

2015: Performance Butoh at SPALT! For the Viertelfestival NÖ, Danceability Jattle Bam Linz in the Swaying Festival about Inclusion

2013-16: Yoga Individuell movement training and LSB (Life coach) training (Hans Endmaya, www.yoga-individuell.at)

2013-19: Danceability Training (and Shows) with www.danceability.at (Vera Rebl) with several dance trainers

2012: WS Kathak Tanz: Kaveri Sageder, Butoh (Daisuke Yoshimoto, JAP)

2009: WS Cadavre Exquis (Anne Juren - F, AUT)- Exploring material for performances), Butoh (Ko Murobishi, JAP), Masterclass of No-Theater - Yoshito Sekine, Yaemon Yamashina (JAP),

2008: Doris Hinterleitner training & creation process for a planned "HUG YOU" performance.

2004: WS Dancetheater (cie „Fleur à peau", Paris)

1992: Courses: Indian dance (Radha Anjali), African jazzdance, Contact improvisation (Inge Kaindlstorfer)

1985: Jazzdance

PSYCHOLOGY

"Psychologic" Workshops given by me:

(see also Film and Theater/ Performance coaching)

2021: "Focusing" (by Eugene Gendlin) Intro WS at Loginsleben Institute, Guided meditations/phantasy journeys for the social Institute Loginsleben; Improvisation Theater with coaching elements for Teach for Austria (WS for Teacher) and Puppet Play for Teach for Austria (WS for Kindergarden Assistants)

2020-2021: ONLINE Meditative Practice for the institute Loginsleben (using "Focusing" by Eugene Gendlin and other stuff)

2019-2021: Improvisationtheater: using Forumtheater to find new solutions, Playback Theater to look with distance at your situation and past and expressing emotions, Resilience Exercises for the institute Loginsleben

2019: Meditative Practice for the Institute Loginsleben (using "Focusing" by Eugene Gendlin and other stuff)

2018/2019: Regular Workshops for intitute Loginsleben: Olivers Magic Box (Mix of exercises for self awareness), -Movement Training (Becoming yourself through movement) + My thoughts and I (working on belief systems, "The Work" of Byron Katie) www.thework.com

2018: Systemic constellation of "Me+Selflove" (Prayan Vienna), "The Work" of Byron Katie and "Moving into Freedom" (based on Yoga Individual from Hans Endmaya and Les Plastiques from Jerzy Grotowsky) for Institute Loginsleben

2017: Systemic object constellations (on the topic of "Selflove"), Prayan Vienna

2015: Scaling towards success: using the advanced scaling of psychodrama and constellations in order to make another step towards the success of your project. Project Port ("Projekthafen")of United Creations Vienna; "How to be mad": Madness as ressource (Burning man Event Garden Vienna)

2014: Aktionsakademie (academy to take action) by Südwind & attac: Using constellations (object constellation and with participants) for actionism relevant topics (like organising TTIP demonstrations) and Improvisationtheater (how to deal with police at a demonstration)

2011: Facilitating Power animal journey (core shamanism) at the Rainbow gathering Austria; Constellation "Me + Money" in Kulturwandelwerkstatt Vienna

other:

- Guided meditations and phantasy journeys based on "Mind games" (Jean Houston & Robert Masters) since 1989
- "The magic gift" – resource meditation with practical integration routine and timeline work (healing the past and preparing the future) developed 2010 in Colombia by Oliver Gross
- family constellations/ systemic structure constellations on different occasions (i.e. script constellations and theater constellations for Kino Dynamique)

Psychologic Formations

2024: IEMT in Business Context - Roni Matar (LEB), MOM & Money & BIZ – Roni Matar (LEB), The Time Portal MOM & Time Aspects Andrew T. Austin (GB)

Planned Video WS selfstudy: Metaphors of Movement by Andrew T. Austin: Level 4+5 (Money and Business Metaphors), The wholeness process Level III + IV;

2023: IEMT basic (Integral Eye movement therapy) with Andrew T. Austin (UK), IEMT advanced with Roni Matar (LEB), Core Transformation Basic and advanced with Nell Püttner, Feeding your demons with Tsültrim Allione and others (USA) (March) – tibetan buddhist shadow transformation/ attachment releasement, Intro to somatic experiencing with Peter Levine and Diane Pool, Psychotherapy and Intuition/ Energies with Frank Anderson (USA), "The renaissance project" with Jean Houston (USA); Quellentage family constellations with Siegfried Essen, Focusing with Ruth-Sarshalom (carrying forward); Creators Game by Angello Clemente: a crazy mix of psychology, self experience and energy work in a group.

2022: Metaphors of Movement MOM Level 1-3 + Emotional Trading by Andrew T. Austin

2021: Community Building (I participated in 2 WS) as of Scott Peck with Michael Stadlober (AUT) and others.

2019: Provocative change work (based on Provocative Therapy from Frank Farelly), WS with Nick Kemp (UK) 2019

2018-2022: deepening LIFE COACH (Lebens- und Sozialberater): Formation at Yoga Individuell www.yi-zenrum.at

2018-2020: Systemic constellations Formation with Siegfried Essen (The I and the Self) (www.siegfriedessen.com)

2018-2019: "Focusing" (by Eugene Gendlin/ Ann Weiser www.focusingresources.com)

x3: Basis, Advanced and also Certification Course with Ruth SarShalom (ISR) www.focusing-vienna.com

2018: The wholeness process (Basic and Advanced WS with Connirae Andreas –

www.andreasnlp.com), WS Feeding your demon by Lama Tsültrim Allione (USA) –

www.taramandala.org - (tibetan buddhistic work with your attachments/ shadows with facilitator Mag. Gudrun Binder – AUT), "With and without money" WS based on the money work of Peter König with Sylvia Brenzel (AUT)

2015: Genius Impulses by Karl Gamper (AUT)

2014: Integrative constellationswork with Dipl. Ing. Bernd Isert, Introduction to "Feeding your demon" (tibetan buddhistic work with your attachments/ shadows with Christina / autodidactic.

2013-2016: LIFE COACH (Lebens- und Sozialberater): Formation at Yoga Individuell www.yi-zenrum.at

2012-2013: "Constellations as a form of learning" of Michael Thonhauser with various teachers including Matthias Varga van Kibed, Toni Wimmer, Reinhold Rabenstein, Bärbel Büchel-Ceron, Helga Gumplmaier, Christa Kolodej); Film script and theater constellations: Michael Thonhauser

2012: "Dragon dreaming" x3: Introduction, Intensive for professionals, Empowered fund raising with John Croft (AUS)

2011: NLP compact with Roman Braun; Basic-Seminar I "The new family constellations – The Mother" with Sophie Hellinger, WS "Happiness that comes" Bert Hellinger, Theater,- filmscript and fairytales constellations with Michael Thonhauser

2008-2009: Family constellations of Bert Hellinger including the newer "Movements of the soul" with Edith Grüner Institute ZIP, "The Work" of Byron Katie Training with Anyme

2008: WS family constellations with Bert and Sophie Hellinger

1994: NLP: (Neurolinguistic Programming) Basic WS NLP Zentrum,

1990: "Mind games" (Book from Jean Houston and Robert Masters) (autodidactic studies) – guided daydreams based on their former experiments on LSD and later hypnotic trance (inspired by the Hypnotherapy of Dr. Milton Erickson)

Autodidactic studies:

- NLP: Submodalities, Core Transformation, Realigning of the perceptual positions
- Participant Shamanic Constellations with Lisa Birtz approx 2015
- "The Journey" (of Brandon Bays)
- "Voice Dialogue" (Hal and Sid Stone)
- Inspired by "Theta Floating" (Esther Kuchte)
- "Walking in your shoes" (similar to constellations but walking, by Christian Assel)
- Occupation with dreams, nightmares, problem solving, interpretation, lucid dreaming, changing & continuing dreams, demasking elements...

ENERGETIC HEALING

Energetic healing and other formations/ studies

2024: Manifestation (from an energetic perspective, + energetic health nanobots - "enerbots") – Manfred Twrznik.

2023: Matrix Advanced (with Manfred Twrznik (AUT)), with Manfred Twrznik: Repeating: Clearing, Quantum healing intensive, Russian Healing Techniques

2021: WS Clearing with Manfred Twrznik (www.heilsamepraxis.at) for clearing of spaces and humans from other energies or entities, EAM "The Energy Alignment Method" (by Yvette Taylor) (WS: Energy Express + Explore: How to change your life)

www.energyalignmentmethod.com

2020: WS Matrix Basic, WS Matrix Evolution, WS Aura surgery compact, WS Russian healing methods (all with Gerhard Schwach (AUT) (www.meinwegzurmitte.at))

2019: WS "How to walk in beauty" medicine man Navajo/ Diné culture Jo'Han Chant'ney Shamanism; Mesa with Shaman Gerardo Pizarro tradition pre-inka and translation of singular treatments (reading cards, taking off bad energy into a raw egg)

2017: WS Tantra/ Shamanism Introduction: John Hawken (GB), WS Soul retrieval with Andreas J. Hirsch (FSSÖ, AUT), WS Trancepostures (by Felicitas Goodman) with Susanne Jarasch

2016: Communication training in the personal totem pole process (by Prof. Dr. Eligio Stephen Gallegos USA aka deep imagination) with Raffaella Mayana Romieri

2015: Deep Imagination with Pro. Dr. Eligio Stephen Gallegos (USA): "Victim/ Perpetrator: inherited roles from our ancestors?"

2013-2015: "Creators game": WS by Angello Clemente 2013+2014 + ongoing group (meeting your emotions, feeling them, acting out, releasing)

2012: Totem Pole Process /Deep Imagination by Stephen Gallegos "Finding out of the fear into the humor"

2011: Dr. Divageet (personal Doctor from Osho) "Transomatic Starlight Color Dialogues" healing with colors

2008: Death and dying from shamanic pointview (Dr. phil. Sylvia Wohlfarter FSSÖ)

2005: Tensegrity (by Carlos Castaneda) course with a group in Paris

2003: Pranic Healing: Energetic healing (Basic+Advanced Level, Claudia Dieckmann, 2003), Shamanic extraction (by Michael Harner) with Michael Hasslinger (FSSÖ AUT)

2001: Shamanic Counselling (client oriented supervision) by Michael Harner with Paul Uccusic (FSSÖ, AUT)

1997: Shamanic: The art of dreaming by MTK Enrico Kosmos (AUT)

1995: Core shamanism (by Michael Harner) Basic WS "The shamanic Journey" with Paul Uccusic (FSSÖ AUT), Shamanic Performance WS with Tensegrity of Carlos Castaneda with ? From Mexico

1991: Tarot oracle cards (Autodidactic)

Autodidactic Training:

- "Matrix Energetics" by Dr. Richard Bartlett (a 2 point method)
- Sound massage: The healing power of sound and songs
- "The Journey" (of Brandon Bays)
- "Voice Dialogue" (Hal and Sid Stone)
- Inspired by "Die geheimen Bewohner der Seele" (The secret inhabitants of the soul) Veeta Wittemann www.individualsystemics.com
- "Walking in your shoes" (by Christian Assel) (similar to constellations but in movement)
- Occupation with dreams, nightmares, problem solving, interpretation, lucid dreaming
- "Spirit releasement therapy" (by William J. Baldwin), "The Unquiet Dead: A Psychologist Treats Spirit Possession - Detecting and Removing Earthbound Spirits" (by Dr. Edith Fiore)

OTHER INTERESTS, TALENTS AND TRAININGS

Sports: Jogging, climbing, Volleyball, Scuba Diving (Advanced Diver, PADI), free Diving, Tensegrity of Carlos Castaneda, Yoga

Further activities: short prose writing (published in "Frischer Wind" Gabi Hasmann 1997), tale telling (Rosesfestival Baden 1998), kid camps facilitator 2008+09